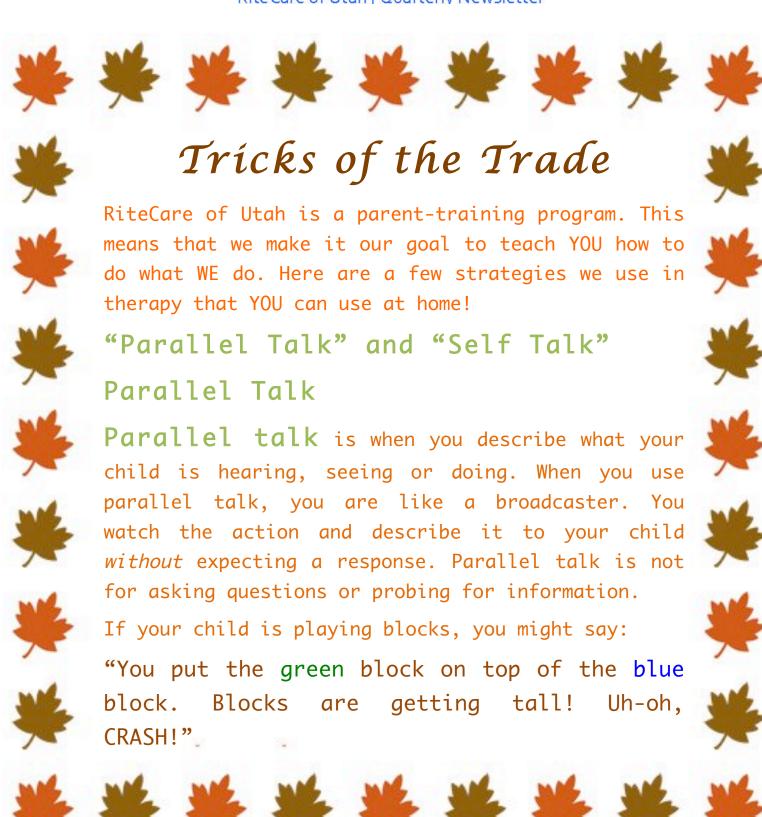


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#### Tricks of the Trade continued...

#### Self Talk

**Self talk** is when you describe what you are doing as you do it. You provide the words to describe your actions, without expecting your child to respond. If you are playing babies with your child you could say:

"I am getting a spoon to stir. I am stirring the food. I am feeding the baby with the spoon."

Try these simple techniques and watch your child's language grow!

#### **MEET YOUR THERAPIST**

#### **Jacque Owens-Montgomery**

Jacque grew up in Green River, Wyoming. She attended Utah State University and received her Master's Degree in Speech Language Pathology. Jacque has spent the last ten years working with Early Intervention, babies birth-3 years. She enjoys working with parents to help them to help their children succeed.

"I believe that the parent is a child's most important teacher."

When she is not working as a Speech and Language Pathologist, Jacque enjoys spending time with her husband Stephen and their two boys Owen and Alex. She enjoys day hikes in Utah's beautiful mountains, reading, and has recently learned to knit.

# Student Highlight Cameron



Cameron is a 10-year-old twin who was diagnosed at birth with a rare form of liver cancer. He endured several rounds of aggressive chemotherapy, which his parents later found out permanently impaired his ability to hear. They discovered his hearing loss when he was just 4 years old and about to enter kindergarten. It was difficult for him to communicate and other people also had difficulty understanding him. He was fitted for bilateral hearing aids, which he wears to this day. Although his hearing aids helped, Cameron still struggled with speech.

Cameron's parents found out about RiteCare of Utah when he was 7 years old. With a focus on articulation, grammar and building his vocabulary, Cameron's communication skills have greatly improved. Cameron's mom says, "His speech pathologist, Emma, has been simply wonderful. Her patience and compassion toward Cameron has been so rewarding...He looks forward to his visits with her every week." Although Cameron still struggles a bit, his self-confidence shines through. "We can't thank RiteCare enough for the help they have provided Cameron."



### PARENT WORKSHOP SERIES

Who: RiteCare provides services for children birth-12

Where: SL Masonic Temple (650 E. South Temple, Salt Lake City, UT 84102)

RSVP: sarah.farr@ritecareutah.org

When/Topic:

October 3: How to manage tricky behavior

October 10: How to help my child use words and sentences to communicate

October 24: How to help my picky eater November 7: Building understanding

November 14: Choosing the right toys and books to build language

November 28: Improving play and social skills

\*All classes 6-7pm \*Parents only



## YOU CANMAKE ALEGACY GIFT

- You don't have to have extraordinary wealth to make a planned gift. Even small amounts can have a big impact.
- Some people think they must choose between leaving a gift to their family or favorite non-profit. You can do both!

  Many planned gifts actually save your family money.
- It's easy! A simple designation can bring incredible support to RiteCare of Utah!

Visit us at htpp://www.ritecareutah.org

htpp://giving.utahscottishrite.org/

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